Discoverfest was a success for SPO!

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- Get involved
Fall 2022 Office Hours

Karen Wong, kwong@fullerton.edu
T/Th 9-11am, F 8:30-11am, H-424
& by appointment

Karen Fazio, kfazio@fullerton.edu
AGNG 507 - M 4:45-5:45pm, H-735B
AGNG 313 - Th 1:15 - 2:15pm, H735B
& by appointment

Dr. Melanie Horn-Mallers,
mhornmallers@fullerton.edu
M/W 10:15-11:15am, EC-456

Dr. Barbara Cherry, bcherry@fullerton.edu
F 12:45-1:45pm, H-735H

Dr. Laura Zettel-Watson,
lzettel-watson@fullerton.edu
M 12-1pm, H-810A
& by appointment

Alex Lewandowski,
Graduate Assistant, H-424
alewandowski@fullerton.edu
Monday - Thursday, 9am - 2pm

Aging Studies Office, H-424
Monday - Friday, 7am - 4pm
Wednesday, 9am - 2pm

Kim Bette, ASC works from home on Wednesdays. You may reach her at kbette@fullerton.edu
• **Professor Karen Wong** provides academic and career advisement in **H-424**. Office hours are:
  ○ **Tuesdays and Thursdays, 9 - 11am, & Fridays 8:30 - 11am.**
• Also available by appointment.
• To make an appointment, please contact **kwong@fullerton.edu**

Please don't forget to visit her this semester to check in about your study plan!

On **Thursday, September 22**, she will have **free coffee** available in the office. Please stop by, even if only to say hello.
First meeting will be next week on Zoom!
Date and time will be sent out via email.
Please reach out to be put on the list.

The first event of the semester will occur at Crestvilla in Laguna Niguel, an assisted living facility. The event will be **Tuesday, October 11, from 2:00 pm - 4:00 pm**. It will be a great experience to speak to residents and tour the facility. Additionally, this experience will give our members insight into assisting living and memory care operations.

There will also be a recruiter from Corp Kisco for anyone interested in being a part of the Kisco team who specializes in assisted living and memory care. This would be an excellent opportunity to add to someone's resume.
Where are Aging Studies students interning this semester?

Ombudsman Program
Since 1976, Long-Term Care Ombudsman advocacy has been one of the founding initiatives of the Council on Aging – Southern California. The mission of the Long-Term Care (LTC) Ombudsman Program is to seek resolution of problems and advocate for the rights of residents of LTC facilities with the goal of ensuring their dignity, quality of life, and quality of care. Learn more: www.coasc.org/programs/ombudsman/

Adult Protective Services
Each California County has an Adult Protective Services (APS) agency to help elder adults (60 years and older) and dependent adults (18-59 who are disabled). APS agencies investigate reports of abuse of elders and dependent adults, and provides information, referrals to other agencies, and education for the public about reporting requirements and responsibilities under the Elder and Dependent Adult Abuse Reporting laws. Learn more: www.cdss.ca.gov/adult-protective-services
Where are Aging Studies students interning this semester?

Project Life
By becoming a volunteer for this program, you can help make a senior’s quality of life better by offering them something invaluable that can often be hard to come by: companionship. Project Life is about building genuine intergenerational bonds that revitalize both younger and older adults. Learn more: www.projectlifeca.org

Vitas
VITAS® Healthcare, a pioneer in the hospice movement since 1978, is the nation’s leading provider of end-of-life care. VITAS Healthcare provided $12 million in genuine charity care to hospice patients nationwide in 2021. This represents an average of 1% of our gross revenues—a ratio that few, if any, hospice providers can match. Learn more: www.vitas.com
We had a very interesting organization shared with us recently regarding dementia care and awareness.

**Teepa Snow** and the PAC Team share about dementia so that everyone can understand why this is happening and how to support those living with brain change in a more positive and respectful way.

Teepa believes that “Rewiring our own perceptions, attitudes, communication strategies, actions, and responses, provides the shift that promotes change for the others around us.”

Check her out on YouTube here: [www.youtube.com/watch?v=Yhr64dZoGsQ&t=0s](http://www.youtube.com/watch?v=Yhr64dZoGsQ&t=0s)

Visit [www.teepasnow.com](http://www.teepasnow.com) to learn more.
Join SPO today!

Purchase student membership ($30) at: sigmaphiomega.org/become-a-member-2/

Then email AgingStudies@Fullerton.edu to be added to the membership list!

Also, join on TitanLink! fullerton.campuslabs.com/engage/organization/sigma phiomega

Follow us on Instagram! @CSUFAGingStudies

Aging Studies Program at CSUF
Welcome to Aging Studies! Catch latest information as well as highlights from life as a student in the Aging Studies program at CSU, Fullerton.

linktr.ee/CSUFAGingStudies

Followed by csufhhd_advising, csuofficial and 8 others

Connect with us on LinkedIn! LinkedIn.com/in/csuf-aging-studies

Aging Studies Program CSU Fullerton
1st MSG Program & Aging Studies Minor Program
Fullerton, California, United States
Students at CSUF and beyond are experiencing mental health challenges in record numbers. Please familiarize yourself with campus resources in case you find yourself struggling in any way. More information can be found at: fullerton.edu/caps

- **You@Fullerton** is a virtual wellness platform designed to help students threefold: 1) to succeed, 2) to thrive, and 3) to matter. Through articles, videos, and CSUF resources, students will enhance their personal health, physical wellness and mental health. Explore more at: you.fullerton.edu/

- **CSUF Counseling & Psychological Services** is hosting drop-in-hours and wellness workshops throughout the semester. Follow on Instagram @CSUFCAPS and @YOU.AT.FULLERTON for the most updated information about when these are.

Questions? Comments?
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HSS.Fullerton.edu/AgingStudies
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