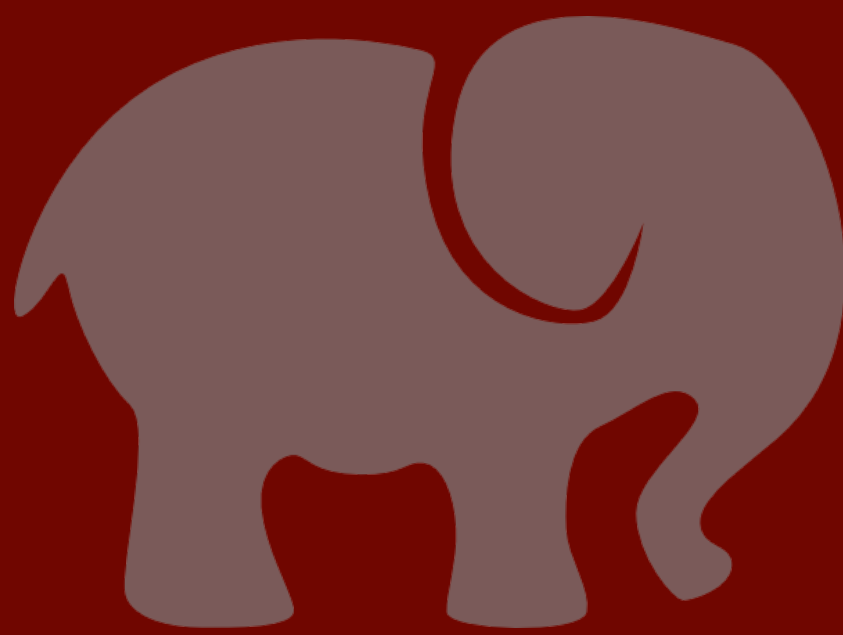


# OCTOBER NEWSLETTER



JUNIPER 2

2018



## Campus Resource Spotlight!

# Tuffy's Basic Needs

Running low on money this month? Stop by Tuffy's Basic Needs to pick up some necessities free of charge. This is an amazing resource and, as freshmen especially, money can be scarce. CSUF has your back. Stop by!

Mark your  
Calendar!

October 2

Floor Meeting  
@  
6:30!

October 15

Free food in  
the Active Rm @  
5:00 p.m.

October 30

Plan Spring 2018  
Class Schedule w/  
Assistant Dean &  
Retention Specialist.  
FEE IN-N-OUT



Men & Women's  
Deodorant  
FREE



Men & Women's  
Shampoo  
FREE



Sanitary  
Napkins &  
Tampons  
FREE



Combs  
FREE



Toothbrushes  
&  
Toothpaste  
FREE



Soap  
FREE



Men & Women's  
Razors &  
Shaving Cream  
FREE



# Congratulatory Notes!

Let's give a big welcome to Ashley Bevan for being appointed to our Housing Liaison Position! She has only been in the position for less than a month and she has already done a phenomenal job!

If you have any questions about which HSS clubs to join or what HSS events are happening at any given time, Ashley is the person to go to!

Congrats, Ashley!



Let's give a round of applause to our newest student leader, Alexa Hernandez! She is our Assistant Editor and will have an active role in editing the content and design layout of all the newsletters beginning with November's publication!

We are very excited to work with you, Alyssa! Congrats!

Happy Birthday, Julie!

We hope that you have an amazing birthday and that you have enjoyed spending a part of your life here at Cal State Fullerton!

Best wishes,

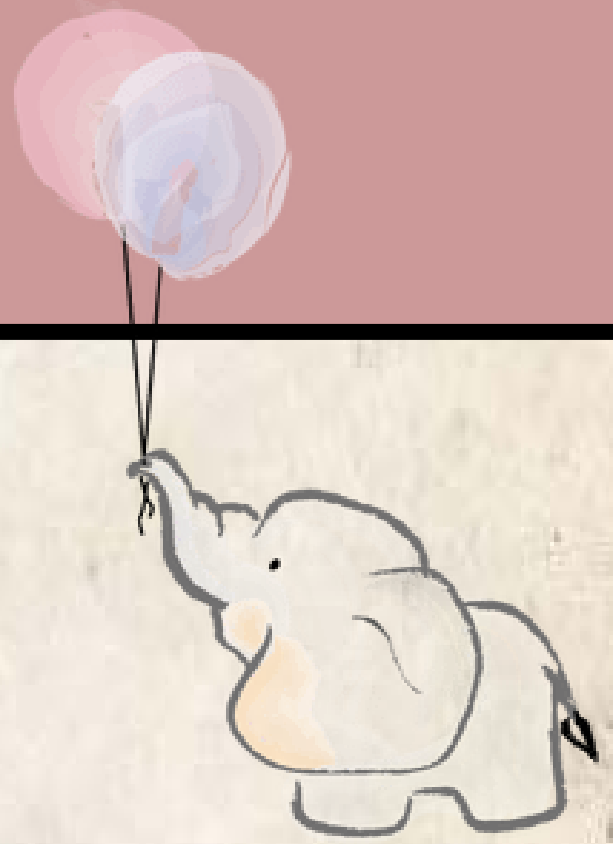
HSS Housing

Happy Birthday, Alessandra!

We wish you a very happy birthday and hope that you have a great year! Thank you for choosing to be a part of our Titan family!

Best wishers,

HSS Housing





# CAMPUS EVENTS

Have a little extra time? Stop by one of these awesome events!



- September**
- 12 **900 Welcome Social & Community Gathering**  
12-14:00pm | DIRC (PLS 180)
  - 25 **חג סוכות: חג האילנות, חג המצות, חג המנוחות**  
המסיבה של קוורטל & לטון מוזיקה  
5:30pm | DIRC (PLS 180)
- October**
- 9 **Fiestas Patrias: Learning our Histories & Celebrating Culturas**  
6-8pm | Housing Piazza
  - 10 **Beyond the Korean Taco: Asian Pacific Islander and Desi American & Latinx Histories**  
5-6:30pm | DIRC Brave Space (PLS 180)
- November**
- 8 **Central American Social**  
5-6pm | CRC (PLS 180)
  - 14 **Al Tanto: Latinx Community Symposium**  
8:45am-2:30pm | TSU Ontiveros | RSVP encouraged



For more information contact [crc@fullerton.edu](mailto:crc@fullerton.edu)



## TITAN DREAMERS RESOURCE CENTER FALL 2018 CALENDAR

### September

- ~~9/04 Welcome Back Week Begins | TDRCC (PLS 180)~~
- ~~9/10 Undocumented & Unafraid | 4 to 5 pm | TDRCC (PLS 180)~~
- ~~9/13 What's up with DACA? | 1 to 2 pm | TDRCC (PLS 180)~~
- ~~9/20 Know Your Rights Workshop | 1 to 2 pm | DIRC (PLS 180)~~



### October

- 10/08 Undocumented & Unafraid | 4 to 5 pm | TDRCC (PLS 180)
- 10/09 CA Dream Act Workshop | 2 to 3 pm | TDRCC (PLS 180)
- 10/18 Families Belong Together Panel | 12 to 1 pm | DIRC (PLS 180)
- 10/30 Undocu Chat | 12 to 1:30 pm | DIRC (PLS 180)
- 10/31 Undocu Graduate School Panel | 12 to 1 pm | DIRC (PLS 180)

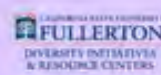


### November

- 11/01 AAPI Undocumented Experiences | 5 to 6:30 pm | Pine 140
- 11/05 Undocumented & Unafraid | 4 to 5 pm | TDRCC (PLS 180)
- 11/09 CA Dream Act Workshop | 2 to 3 pm | TDRCC (PLS 180)
- 11/17 Immigration Legal Clinic | 10 to 2 pm | DIRC (PLS 180)

### December

- 12/03 The Art of Wellness | 1 to 2 pm | TDRCC (PLS 180)
- 12/05 Undocu Chat | 2 to 3:30 pm | DIRC (PLS 180)
- 12/10 Undocumented & Unafraid | 4 to 5 pm | TDRCC (PLS 180)



For more information:  
[TDRCC@fullerton.edu](http://TDRCC@fullerton.edu)



## Center for Careers in Teaching

CSUF's undergraduate academic advisement center to support future educators

Did you know you don't need to major in Education to become a teacher?

The future teacher faces a complex set of intersecting requirements including general education, major coursework, subject matter preparation, and credential program prerequisites. At the Center for Careers in Teaching (CCT), our mission is to advise students and prepare them for our credential program in the most efficient and effective manner.

### Why do students need the CCT?



Subject Matter Preparation



Graduation requirements



Credential program preparation



Academic planning

**Make your 30-minute appointment today to discuss your teaching pathway! Give us a call or visit us in person (have your CWID ready).**

#### Academic Advisement

- Comprehensive and personalized undergraduate advising, including GE, graduation, and teacher preparation requirements

#### Testing Support

- CBEST/CSSET study guide books lending library

#### Study Space

- A shared space for CSUF's community of future teachers with computers and printing available

#### Teacher Preparation

- Up-to-date information on current requirements to become a California-prepared educator

#### Career Specialist

- Meet in the CCT with College of Education Career Specialist, Miguel Martinez, on Tuesdays from 4:30 pm- 6:45 pm to receive support with your resume, cover letter, interview skills, and more. Walk-ins welcome.

657.278.7130

EC 379



Mon.-Thur. 8 AM - 5 PM  
Fri. 8 AM - 4:30 PM



[askcct@fullerton.edu](mailto:askcct@fullerton.edu)



<http://ed.fullerton.edu/cct/>

## DIVERSITY INITIATIVES & RESOURCE CENTERS AND CAREER CENTER WORKSHOPS

~~Resume Workshop  
Wednesday, September 26 | 12PM - 1:30PM~~

**Resume Clinic**  
Wednesday, October 3 | 12PM - 2PM

**Building Relationships with Professors**  
Wednesday, October 10 | 1PM - 2:30PM

**Trans & Non-Binary People of Color Graduate School Panel**  
Monday, October 29 | 4:15PM - 5:45PM

**Men of Color Graduate School Panel**  
Tuesday, October 30 | 4:15PM - 5:45PM

**Women of Color Graduate School Panel**  
Wednesday, October 31 | 4:15PM - 5:45PM

**\*All workshops will be held in DIRC-PLS 180**



# CAMPUS EVENTS

Have a little extra time? Stop by one of these awesome events!

Asian Pacific American Resource Center  
**FALL 2018**  
 CALENDAR OF EVENTS

**SEPTEMBER**  
~~07/00~~  
~~07/10~~

**OCTOBER**  
 10/10 Beyond the Korean Taco: Asian & Latinx Histories  
 5PM-8:30PM, DIRC Brave Space PLS 180  
 Hosted by APARC & CRC  
 10/16 LGBTQ APIDA Potluck  
 12PM-1:30PM  
 RSVP: [lgbtq@fullerton.edu](mailto:lgbtq@fullerton.edu)  
 10/20 33rd Annual Friendship Games  
 Contact: [fg@csupasa.com](mailto:fg@csupasa.com)  
 10/24 APIDA Community Conversations  
 12PM-1PM, APARC PLS 180  
 Speaker: Erin Manalo-Pedro

**NOVEMBER**  
 11/1 Talk Story: Supporting and Empowering UndocuAPI Students at the CSU  
 5PM-8:30PM, CSUF Housing Room Pine 140  
 Speaker: Dr. Mike R. Manalo-Pedro  
 11/28 APIDA Community Conversations  
 12PM-1PM, APARC PLS 180  
 Speaker: Dr. Ryan Leano

**DECEMBER**  
 12/06 APARC 10 Year Anniversary  
 5:30PM-8PM, TSU Pavilions ABC

**SPRING 2019 SAVE THE DATE**

Titan Night Market Thursday, March 21, 2019 5PM-8PM, Central Quad	17th Annual APIDA GRAD Sunday, May 5, 2019 11AM-1PM, TSU Pavilions ABC
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Information/Contact:  
[APARC@fullerton.edu](mailto:APARC@fullerton.edu) or 857-278-3742

**LGBT Queer Resource Center**  
 Fall 2018 Calendar

**SEPTEMBER**  
~~07/00 LGBTQ Grad Student Social~~  
~~07/10 LGBTQ Welcome Back Lunch & Resource Fair~~  
~~07/16 Transgender Student Mixer~~  
~~07/25 Widespread: Widespread Queer Latinx Identities~~

**OCTOBER**  
 10/11 National Coming Out Day  
 11:00a - 2:00p, Central Quad  
 10/16 LGBTQ APIDA Potluck  
 12:00p - 1:30p, APARC (PLS 180)  
 RSVP: [lgbtq@fullerton.edu](mailto:lgbtq@fullerton.edu)  
 10/29 Transgender Student Mixer  
 12:00p - 1:30p, LGBTQRC (PLS 180)  
 RSVP: [lgbtq@fullerton.edu](mailto:lgbtq@fullerton.edu)

**NOVEMBER & DECEMBER**  
 11/11 Transgender Day of Remembrance  
 5:00p - 6:00p, Central Quad  
 12/04 ACT UP! HIV & the LGBTQ Community  
 12:00p - 1:00p, LGBTQRC (PLS 180)

Hours of Operation  
 Mondays - Fridays  
 8:00a - 5:00p

Location  
 Pollak Library South 180

Phone  
 657-278-4218

Email  
[lgbtq@fullerton.edu](mailto:lgbtq@fullerton.edu)

Website  
[www.fullerton.edu/lgbtq](http://www.fullerton.edu/lgbtq)

Instagram  
[algbtq\\_csuf](https://www.instagram.com/algbtq_csuf)

Facebook  
[lgbtq\\_csuf](https://www.facebook.com/algbtq_csuf)

All Gender Restroom Map  
[bit.ly/csuf-allgender](http://bit.ly/csuf-allgender)

## KNOW YOUR RESOURCES

Join us to learn about resources on campus that can enhance and support your experience.

**LIBRARY RESOURCES**  
 WEEK 4: SEPTEMBER 18

**ON CAMPUS INVOLVEMENTS**  
 WEEK 6: OCTOBER 2

**CRISIS & FINANCES**  
 WEEK 12: NOVEMBER 13

Workshops will take place on Tuesdays, 1PM - 2PM

THE UNIVERSITY LEARNING CENTER

## Fall 2018 "ACADEMIC MAKEOVER" Workshops

*Do you need an "Academic Makeover?"*  
 If so, The University Learning Center is here to help!

We're not going to tell you to "study harder." What we are going to do is provide you with strategies to help you learn and study better. We understand what it takes for students to ask for help, and we want CSUF students to feel confident, encouraged, and motivated to succeed.

**What is an "Academic Makeover?"**  
 The "Academic Makeover" Workshop is a 4-part series which covers time management, note taking, study skills and test taking. Each workshop builds on the skills practiced in the previous session. We also cover attitude, behavior, and motivation.

**How can we help?**  
 This series is especially beneficial to first-time freshmen, re-entry and transfer students who may need to improve the skills necessary to succeed in college. The workshops are also extremely helpful as a review for students who want to finish the semester on a high note.

**Fall 2018 Schedule**

Workshop:	Date:	Time:	Location:
<del>Part I: Time Management</del>	<del>Wed Sept 5</del>	<del>2:30-3:30 pm</del>	<del>PLN-130</del>
Part II: Listening & Note Taking	Wed Oct 3	2:30-3:30 pm	PLN-130
Part III: Study Skills	Wed Nov 7	2:30-3:30 pm	PLN-130
Part IV: Test Preparation Strategies	Wed Dec 5	2:30-3:30 pm	PLN-130

The University Learning Center (circa 1984) is a College Reading and Learning Association Certified Tutoring Center in Student Academic Services, in the Student Retention Cluster of the Division of Student Affairs.

For additional information on the Academic Makeover Workshop Series and/or tutoring at the ULC, please contact us at 657-278-2738; Pollak Library North, 1<sup>st</sup> Floor; [www.fullerton.edu/ulc](http://www.fullerton.edu/ulc)

ON CAMPUS Post List:  
 December 5, 2018  
 STUDENT LIFE & LEADERSHIP  
 Cal State Fullerton



# CAMPUS EVENTS

Have a little extra time? Stop by one of these awesome events!

## FALL 2018 WELLNESS WORKSHOPS

### Stress

Identify how stress impacts you and increase skills/tools to decrease stress.

DATE	TIME
<del>W 9/19</del>	<del>2 p.m. – 3 p.m. (EC 425)</del>
M 10/8	1 p.m. – 2 p.m.
W 10/10	10 a.m. – 11 a.m.
TH 10/11	2 p.m. – 3 p.m.
W 10/17	2 p.m. – 3 p.m. (EC 425)
M 11/5	1 p.m. – 2 p.m.
W 11/7	10 a.m. – 11 a.m.
W 11/14	2 p.m. – 3 p.m. (EC 425)

### Mood

Learn how to understand and accept your emotions. Develop skills to increase positive emotional experiences.

DATE	TIME
<del>M 9/10</del>	<del>10 a.m. – 11 a.m.</del>
<del>M 9/10</del>	<del>1 p.m. – 2 p.m.</del>
<del>F 9/11</del>	<del>8 a.m. – 9 a.m.</del>
W 9/26	2 p.m. – 3 p.m. (EC 425)
M 10/15	1 p.m. – 2 p.m.
W 10/17	10 a.m. – 11 a.m.

### Thought

Learn how your thoughts impact your mood and behavior. Gain skills to modify negative thoughts and beliefs.

DATE	TIME
<del>M 9/24</del>	<del>1 p.m. – 2 p.m.</del>
<del>W 9/26</del>	<del>10 a.m. – 11 a.m.</del>
<del>TH 9/27</del>	<del>2 p.m. – 3 p.m.</del>
W 10/3	2 p.m. – 3 p.m. (EC 425)
M 10/22	1 p.m. – 2 p.m.
W 10/24	10 a.m. – 11 a.m.
TH 10/25	2 p.m. – 3 p.m.
W 10/31	2 p.m. – 3 p.m. (EC 425)
M 12/3	1 p.m. – 2 p.m.
W 12/5	10 a.m. – 11 a.m.
TH 12/6	2 p.m. – 3 p.m.

### Sleep

Learn common myths and patterns of sleep. Learn sleep hygiene skills to help improve your sleep.

DATE	TIME
M 10/1	1 p.m. – 2 p.m.
W 10/3	10 a.m. – 11 a.m.
TH 10/4	2 p.m. – 3 p.m.
W 10/10	2 p.m. – 3 p.m. (EC 425)
M 10/29	1 p.m. – 2 p.m.
W 10/31	10 a.m. – 11 a.m.
TH 11/1	2 p.m. – 3 p.m.
W 11/7	2 p.m. – 3 p.m. (EC 425)
M 12/10	1 p.m. – 2 p.m.
W 12/12	10 a.m. – 11 a.m.
TH 12/13	2 p.m. – 3 p.m.

Location: SHCC-East, Main Conference Room  
(unless listed above)

All workshops are Drop-in; no sign-up necessary.

Students needing verification of attendance must arrive within 10 minutes of start time.

Counseling and Psychological Services  
fullerton.edu/caps | 657-278-3040



**Stressed out? Need to unwind?**

Join us for a relaxing, fun, creative wellness activity

Drop in for all or part of any session

CSUF Student Wellness, SHCC-East Conference Room

No experience, materials, or artistic ability required!

Fall 2018 Schedule:

Wednesdays

12 p.m. — 1:15 p.m.

~~9/19~~ ~~Coloring for Adults~~

~~9/26~~ ~~Positive Collaging~~

10/3 Kindness Rocks

10/10 Origami

10/17 Zentangles

10/24 Poetry in Motion

10/31 Clay Play

11/7 Create a Postcard

11/14 Permission Slips



(657) 278-3040 fullerton.edu/caps

# October Checklist!

Attend your Floor Meeting on October 2 at 6:30!

Stop by the active room on October 15 at 5:00 p.m. for a fun activity and free food!!!

Ask Ashley Bevan for advice on which club event to attend based off of your interests.

On October 30th, one of our Retention Specialists and Assistant Deans will be coming down to the floor to help you build your Spring schedule.

P.S. They will be bringing **FREE IN-N-OUT** with them!!!



This is one of the events that is stated as mandatory on your Housing Contract!

Check your email throughout the month for your appointment with Ruth!



As stated in your Housing Contract you have to meet with the HSS Assistant Dean for Student Affairs' office, so please check your email for the link to make an appointment with Ruth! If you haven't received an email yet, it will come this month.

Visit the HSS Housing Website for updates:  
<http://hss.fullerton.edu/students/themedhousing.aspx>