

A decorative border of stylized floral and leaf motifs in yellow, orange, and white, framing the central text on a dark purple background.

JUNIPER 2

NOVEMBER NEWSLETTER

FALL BREAK NOVEMBER 20-23



TITAN BITES

WHAT IS IT?

Titan Bites was created in response to rising food insecurity among CSUF students. It is a way to provide convenient and immediate notifications of available food on campus after a catered event. This program will send push notifications to your mobile device and/or email, informing you when and where to get the available food on campus.

HAVE QUESTIONS?

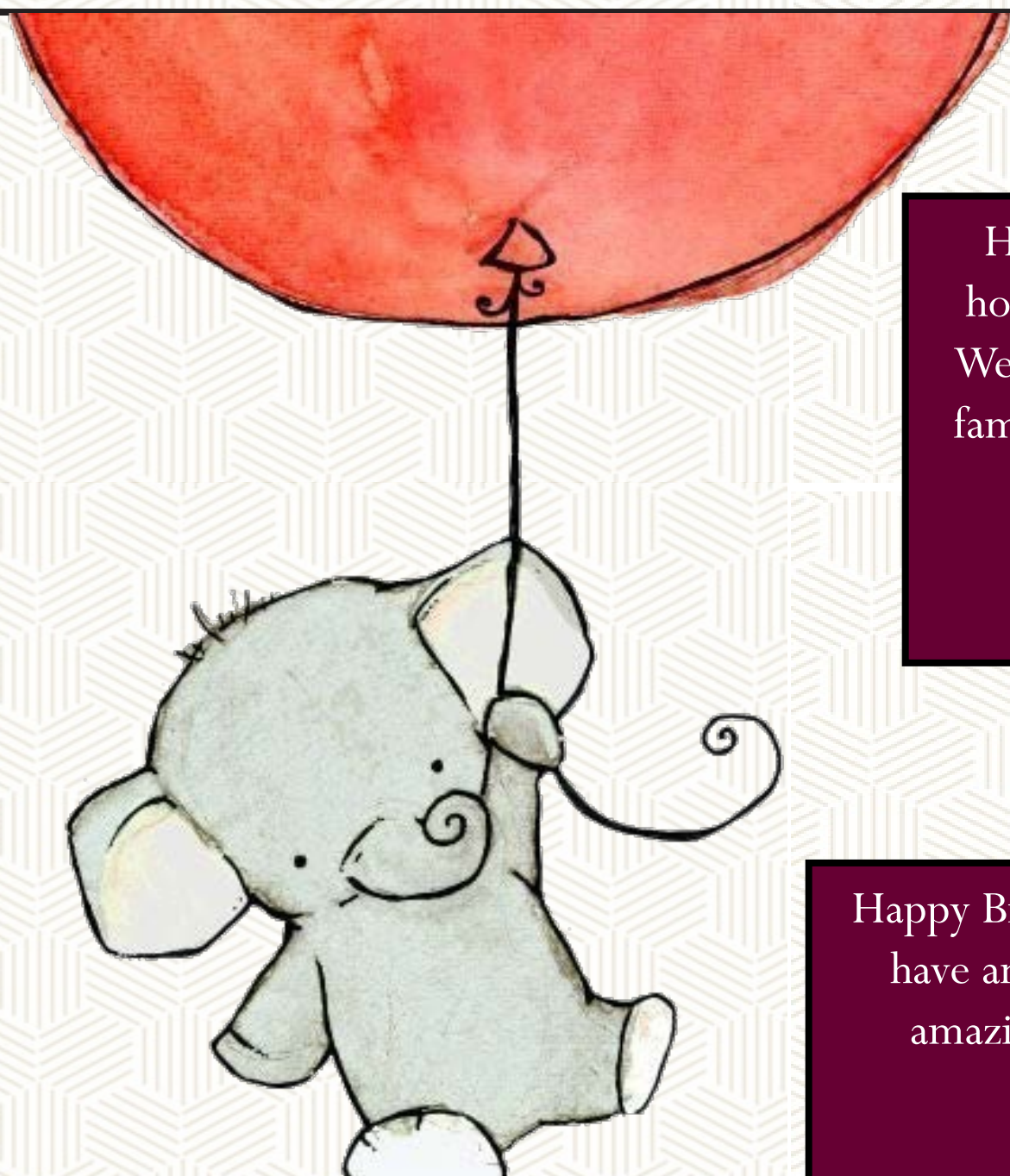
For questions about food resources contact the Tuffy's Basic Needs Services Center at basicneeds@fullerton.edu or (675) 278-3583.

TUFFY'S BASIC NEEDS SERVICES CENTER

Visit us at: McCarthy Hall 143

Hours: Monday - Friday 10AM - 4PM

Happy Birthday!



Happy 18th birthday Joanna! We hope you have a fantastic birthday! We are so happy you chose the titan family and are so lucky to spend the year with you!

November 20

Happy Birthday Emily! We hope you have an amazing birthday and an amazing time so far as a Titan!

November 6

Happy Birthday Christine! We wish you a very wonderful birthday this year! Thank you for being incredibly kind to everyone here at Fullerton!

November 9



Happy Birthday Aniessa! We hope your 18th birthday is a day to remember and that you are having a great time at Cal State Fullerton!

November 23

Happy Birthday Christian! We hope you have a wonderful birthday and have enjoyed the first two months here at Fullerton!

November 30

Happy Birthday Raymond! We wish you an incredible birthday this year! Thank you for choosing to be a Titan and hope you have a great rest of the year!

November 17



Student Column

Congratulations to our Assistant Editor, Alexa! Every month she will be writing a student column detailing life as a freshman at CSUF!

Written by Alexa Hernandez

When people told me I would miss home when I moved out, they were not lying. It has been almost 3 full months since all of us have taken the chance to live on campus. For some of us, it was the hardest decision and transition we have made so far, while the rest of us, myself included, were calm or almost indifferent about leaving home. However, no matter how many times we try to convince ourselves we do not miss home, there is a part of us that longs to be back in our own bed with our family just a room room over. I am sure we can all agree that we miss our loved ones. We realized how much we took for granted: our family's delicious home cooked meals, our own showers, or just showers without shoes. The gastronomie has kept us satisfied, but it will never be the same as the pasta or other food aromas that fill our homes after our family's have been in the kitchen. However, now we have the luxury to any cereal we want without listening to our family say we can only have "one box open at a time." But now, if I want Cinnamon Toast Crunch Monday but Honey Nut Cheerios Tuesday it is not a problem.

For us pet owners, we left a little piece of our hearts at home. "I miss my dog more than my siblings" Erika Reyes (J206) explained after asked what she missed about home the most. I am sure if we could bring our cats, dogs or other pets to campus, we gladly would. If that was the case, it would feel a lot more like home. No matter how challenging the move from home has been, if we didn't take the chance to live on campus, we would not have made any of the bonds that we have today. If we didn't take a chance, we would not be gathered around the active room for floor meetings. If we didn't take a chance, we wouldn't be able to wake up fifteen minutes before class and still make it on time. If we didn't take a chance, we wouldn't be goofing off with one another in the halls but, before quiet hours, of course. If we didn't take a chance, we would not have created new friendships that can last forever. If we didn't take a chance, we wouldn't consider Juniper 2 to be our second home.



If you have any questions, concerns, or suggestions, please feel free to contact either the editor or assistant editor at HSShousing@fullerton.edu

CAMPUS EVENTS

Check out the calendar below for some of these awesome events!

THE CHICANA & CHICANO RESOURCE CENTER
FALL 2018 CALENDAR



September

12 **CRC Welcome Social & Community Gathering**
11am - 12:00pm | DINO Drive Space & CRC (PLS 100)

25 **Mi de Aqui, Mi de Allá: Reimagining our Queer & Latinx Identities**
5 - 6pm | CRC (PLS 100)

October

9 **Fiestas Patrias: Learning our Histories & Celebrating Cultures**
4 - 9pm | Housing Piazza

10 **Beyond the Korean Taco: Asian Pacific Islander and Queer American & Latinx Histories**
5:45pm - 7:30pm | CRC (PLS 100)

November

8 **Central American Social**
5-6pm | CRC (PLS 180)

14 **Al Tanto: Latinx Community Symposium**
8:45am - 2:30pm | TSU Ontiveros | RSVP encouraged

  For more information contact crc@fullerton.edu 

WELLNESS & HEALTH SESSIONS



Join us to learn about resources to support your wellness & health. The sessions happen on Tuesdays, 1:00 - 2:00 PM

ALCOHOL AWARENESS
Week 5:
September 25

NUTRITION
Week 9:
October 23

STRESS MANAGEMENT
Week 11:
November 6



Queer Peers

The Queer Peers Mentorship Program is dedicated to supporting the LGBTQ+ identity development, academic success, and increase in sense of belonging for LGBTQ+ Students at CSUF. We are committed to creating a community where students can gain self-awareness, develop connections, and feel more confident in their identities.

Mentor Apps Due Fri. Nov. 25 - <http://bit.ly/qp-mentor18>
Mentee Apps Due Weds. Nov. 14 - <http://bit.ly/qp-mentee18>

THE CHICANA & CHICANO RESOURCE CENTER PRESENTS...

AL TANTO

REGISTRATION IS NOW OPEN!
WEDNESDAY, NOVEMBER 14
8:45AM-2:30PM | TSU-ONTIVEROS

Sessions will focus on issues impacting the Latinx community today.

TOPICS INCLUDE:
EDUCATION
INCARCERATION
IMMIGRATION
HOUSING

Register at www.fullerton.edu/crc/
Register by Monday, November 5
For more information contact crc@fullerton.edu




READ 330: UNDOCUMENTED STUDENTS IN EDUCATION

Spring 2019 - Tuesdays 7-9:45pm
- First class in CSUF to focus on the undocumented youth experience and activism
- Do service learning in the community to raise awareness
- Become an agent of change

Professor: Dr. Julian Jefferies | jjefferies@fullerton.edu
Location: EC 24 | Date&Time: Tu 7-9:45pm

CAMPUS EVENTS

Asian Pacific American Resource Center
FALL 2018
 CALENDAR OF EVENTS

SEPTEMBER
~~9/00 APIDA Rising~~
 5:30PM-7PM, TSU Pavilion B

~~9/10 APIDA Community Conversations~~
 12PM-1PM, APARC PLS 180
 Speaker: Christopher Datiles

OCTOBER
~~10/10 Beyond the Korean Taco: Asian & Latinx Histories~~
 5PM-6:30PM, DIRC Brave Space PLS 180
 Hosted by APARC & CRC

~~10/10 LGBTQ APIDA Potluck~~
 12PM-1:30PM
 RSVP: lgbtq@fullerton.edu

~~10/20 30th Annual Friendship Games~~
 Contact: fg@csupasa.com

~~10/24 APIDA Community Conversations~~
 12PM-1PM, APARC PLS 180
 Speaker: Erin Manalo-Pedro

Information/Contact:
APARC@fullerton.edu or 657-278-3742

NOVEMBER
 11/1 Talk Story: Supporting and Empowering UndocuAPI Students at the CSU
 5PM-6:30PM, CSUF Housing Room Pine 140
 Dr. Mike R. Manalo-Pedro

11/28 APIDA Community Conversations
 12PM-1PM, APARC PLS 180
 Speaker: Dr. Ryan Leano

DECEMBER
 12/06 APARC 10 Year Anniversary
 5:30PM-8PM, TSU Pavilions ABC

SPRING 2019 SAVE THE DATE

Titan Night Market Thursday, March 21, 2019 5PM-8PM, Central Quad	17th Annual APIDA GRAD Sunday, May 5, 2019 11AM-1PM, TSU Pavilions ABC
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AFRICAN AMERICAN RESOURCE CENTER
 FALL 2018 CALENDAR

OCTOBER

~~3 - BIRTHDAY CELEBRATION | 12:30-1PM | AARC, PLS 180~~
~~11 - MIDTERMS UNWIND | 10AM-1PM | AARC, PLS 180~~
~~17 - BLACK WEDNESDAY: FASHION SHOW | 1-2PM | CENTRAL QUAD~~
~~19 - LET'S CHAT: ACADEMIC EXCELLENCE | 5:30-6:30PM | AARC, PLS 180~~
~~24 - BIRTHDAY CELEBRATION | 12:30-1PM | AARC, PLS 180~~
~~30 - MOVIE DISCUSSION: GET OUT | 12-3PM | AARC, PLS 180~~

NOVEMBER

7 - LET'S CHAT: NAVIGATING THE WORKFORCE | 1-2:30PM | AARC, PLS 180
 14 - BLACK WEDNESDAY: CULTURAL POTLUCK | 1-2PM | AARC, PLS 180
 15 - IDENTITY DEVELOPMENT WORKSHOP | 5:30-6:30PM | AARC, PLS 180
 28 - BIRTHDAY CELEBRATION | 12:30-1PM | AARC, PLS 180

DECEMBER

3 - MOVIE DISCUSSION | 12-3PM | AARC, PLS 180
 12 - BIRTHDAY CELEBRATION | 12:30-1PM | AARC, PLS 180
 13 - UNWIND BEFORE FINALS | 11AM-1PM | AARC, PLS 180
 17-21 - SHHHHH-AARC WEEK | AARC, PLS 180
 19 - BLACK WEDNESDAY: STUDY PACK | 1-2PM | AARC, PLS 180

Questions? Contact us at aarc@fullerton.edu | 657-278-3230

FALL 2018 WELLNESS WORKSHOPS

Stress
Identify how stress impacts you and increase skills/tools to decrease stress.

DATE	TIME
M 10/8	1 p.m. - 2 p.m.
W 10/10	10 a.m. - 11 a.m.
TH 10/11	2 p.m. - 3 p.m.
W 10/17	2 p.m. - 3 p.m.
	(EC 425)
M 11/5	1 p.m. - 2 p.m.
W 11/7	10 a.m. - 11 a.m.
TH 11/8	2 p.m. - 3 p.m.
W 11/14	2 p.m. - 3 p.m.
	(EC 425)

Mood
Learn how to understand and accept your emotions. Develop skills to increase positive emotional experiences.

DATE	TIME
M 10/15	1 p.m. - 2 p.m.
W 10/17	10 a.m. - 11 a.m.
TH 10/18	2 p.m. - 3 p.m.
W 10/24	2 p.m. - 3 p.m.
	(EC 425)
M 11/26	1 p.m. - 2 p.m.
W 11/28	10 a.m. - 11 a.m.
TH 11/29	2 p.m. - 3 p.m.

Thought
Learn how your thoughts impact your mood and behavior. Gain skills to modify negative thoughts and beliefs.

DATE	TIME
W 10/3	2 p.m. - 3 p.m.
	(EC 425)
M 10/22	1 p.m. - 2 p.m.
W 10/24	10 a.m. - 11 a.m.
TH 10/25	2 p.m. - 3 p.m.
W 10/31	2 p.m. - 3 p.m.
	(EC 425)
M 12/3	1 p.m. - 2 p.m.
W 12/5	10 a.m. - 11 a.m.
TH 12/6	2 p.m. - 3 p.m.

Sleep
Learn common myths and patterns of sleep. Learn sleep hygiene skills to help improve your sleep.

DATE	TIME
M 10/1	1 p.m. - 2 p.m.
W 10/3	10 a.m. - 11 a.m.
TH 10/4	2 p.m. - 3 p.m.
W 10/10	2 p.m. - 3 p.m.
	(EC 425)
M 10/29	1 p.m. - 2 p.m.
W 10/31	10 a.m. - 11 a.m.
TH 11/1	2 p.m. - 3 p.m.
W 11/7	2 p.m. - 3 p.m.
	(EC 425)
M 12/10	1 p.m. - 2 p.m.
W 12/12	10 a.m. - 11 a.m.
TH 12/13	2 p.m. - 3 p.m.

Location: SHCC-East, Main Conference Room
 (unless listed above)

All workshops are Drop-in; no sign-up necessary.
 Students needing verification of attendance must arrive within 10 minutes of start time.

Counseling and Psychological Services
fullerton.edu/caps | 657-278-3040

November Checklist

Please remember to complete all of these things throughout the month of November



Attend the mandatory floor meeting on Monday November 5, at 6:00 p.m.



Destress and let it all out at Indie's event, "Whine and Paint" on November 13th at 7 p.m. in the active room!



On November 27th from 5-6 p.m., faculty from various HSS departments will stop by housing to talk about how to be successful in the major, find a job in your field, and how to ace your first finals season!



If you haven't already, make sure you schedule an appointment with Ruth. Every student must meet with her independently once a semester.



Mark you calendars! Fall break is from Tuesday November 20 - Friday November 23. Make sure you attend your Monday classes!

If you have any questions about any of these items, please feel free to contact, Ruth, at zz-rcalcanas@fullerton.edu