### JUNIPER 2ND

# DECEMBER NEWSLETTER

FINALS WEEK

DECEMBER 17 - DECEMBER 21





That means Finals Week is here!
Finals Week is from Dec. 17-21.
Make sure to check the finals
schedule on the next page to find out when your finals are.

Good Luck!

Congratulatons on finishing your first semester!







### Week

### **FALL 2018 FINAL EXAMINATIONS**

Students in classes scheduled at hours listed below will take the final examination in regular class meeting rooms on the day and hour indicated. Final examinations are scheduled for one hour and 50 minutes unless special arrangements are made by the instructor with the dean of the college. If the class meets daily, the final will be given using the Monday, Wednesday, Friday schedule. Students in classes that do not meet during the exact times shown shall check with their instructor regarding the date and time of their final examination. Students should consider the final examination schedule when selecting courses.

### FINAL EXAMINATIONS NORMALLY SCHEDULED COURSE **EXAM HOURS**

### Monday, December 17

Special Exam* ACCT 201B 9:30	- 11:20 am
Mo, We starting at 10 am	n - 1:50 pm
Mo, We starting at 1 pm 2:3	0 - 4:20 pm
Mo, We starting at 5:30 pm	5 - 6:50 pm
Mo starting at 4 pm	5 - 6:50 pm
Mo, We starting at 8:30 pm	0 - 9:20 pm
Mo starting at 7 pm	0 - 9:20 pm

Tuesday, December 18
Tu, Th starting at 7 am
Tu, Th starting at 10 am
Tu, Th starting at 1 pm
Special Exam* MATH 115; 125 2:30 - 4:20 pm
Tu, Th starting at 4 pm5 - 6:50 pm
Tu starting at 4 pm 5 - 6:50 pm
Tu, Th starting at 7 pm
Tu starting at 7 pm

### Wednesday, December 19

wednesday, December 17
Mo, We, Fr starting at 8 am;
Mo, We; Mo, Fr; or We, Fr starting at 7 am
Mo, We, Fr starting at 9 am;
Mo, We; Mo, Fr; or We, Fr starting at 8:30 am9:30 - 11:20 am
Mo, We; Mo, Fr; or We, Fr starting at 11:30 am;
Mo, We, Fri starting at Noon Noon - 1:50 pm
Mo, We; Mo, Fr; or We, Fr starting at 2:30 pm 2:30 - 4:20 pm
Mo, We, Fr; Mo, We; Mo, Fr; or We, Fr starting at 4 pm5 - 6:50 pm
We starting at 4 pm
Mo, We starting at 7 pm
We starting at 7 pm

Thursday, December 20
Special Exam* ACCT 201A
Tu, Th classes starting at 8:30 am 9:30 - 11:20 am
Tu, Th classes starting at 11:30 am
Tu, Th classes starting at 2:30 pm
Tu, Th classes starting at 5:30 pm
Th classes starting at 4 pm 5 - 6:50 pm
Tu, Th classes starting at 8:30 pm
Th classes starting at 7 pm 7:30 - 9:20 pm

### Friday, December 21

Mo, We, Fr, starting at 7 am
Fr starting at 8 am; or
Mo, We, Fr; Mo, Fr; or We, Fr starting at 10 am 9:30 - 11:20 am
Mo, We, Fr starting at 11 am; Fr starting at 11 am Noon - 1:50 pm
Mo, Fr; or We, Fr starting at 1 pm 2:30 - 4:20 pm
Fr starting at 2 pm
Friday Night Classes** See Note

\* Academic departments interested in using these special exam periods must obtain approval from the appropriate college dean and the associate vice president for Academic Programs prior to scheduling the exam or notifying students. Arrangements must be made for Friday evening classes to use a special exam period.

### \*\*Classes meeting on Friday evenings, Saturdays or Sundays

Students taking Friday evening classes will take final examinations at their regular class times on Friday, December 21. Students taking Saturday or Sunday classes will take final examinations at their regular class times on Saturday, December 15 or Sunday, December 16.

### UNIVERSITY POLICY ON FINAL EXAMINATIONS

Final examinations, if required by the instructor, will be given at times scheduled by the university. These times are identified both in this Registration Guide and in the Faculty and/or Student portals. Once established, the final examination schedule may not be changed unless approved by department and program chair and the dean of the college. Makeup final examinations may be given for reasons of illness, verified emergency, or other serious and compelling reasons approved by the instructor. An instructor shall not shorten the academic semester by scheduling an in-class final examination before the week scheduled for final examinations. No major examinations shall be given during the last week of the semester that is scheduled for instruction unless there is also to be a final examination at the time assigned in the Registration Guide.

### "Take-home" Final Examinations

When a take home final examination (or paper/project) is due during the final exam period, it shall be due no earlier than the day scheduled for the final examination in that class.

### **Final Examinations in Online Courses**

Final examinations for online courses, whether they are delivered asynchronously online (i.e., not within a specified time block), synchronously online (i.e., within a specified time block), or face-to-face, must be completed no later than 5:00pm on Friday, December 21, 2018.



Pall 2018 Registration Guide

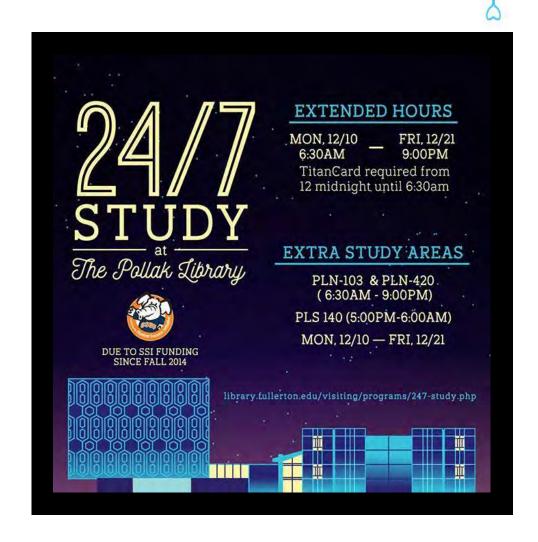


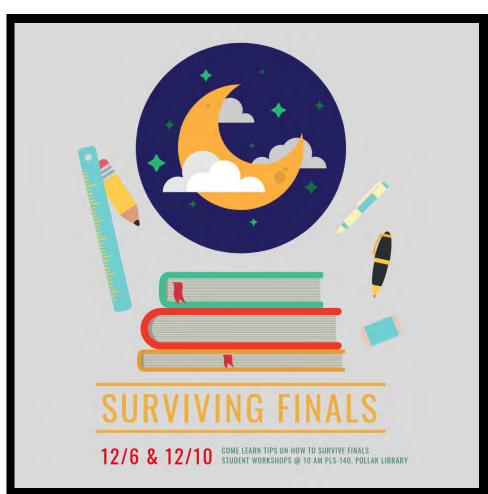


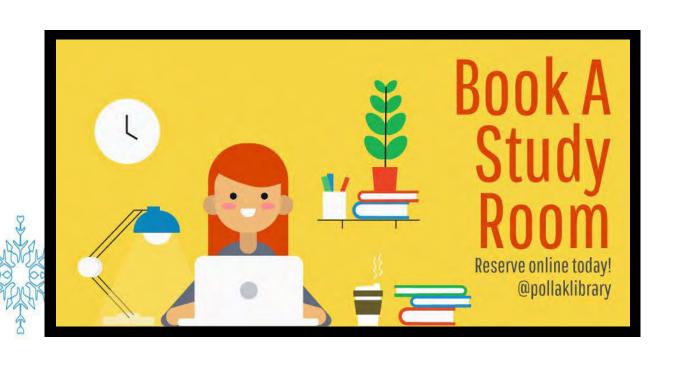




### Finals Week Resources











## Student Column

### FINALS WEEK DO'S AND DON'TS

**BY ALEXSA HERNANDEZ** 

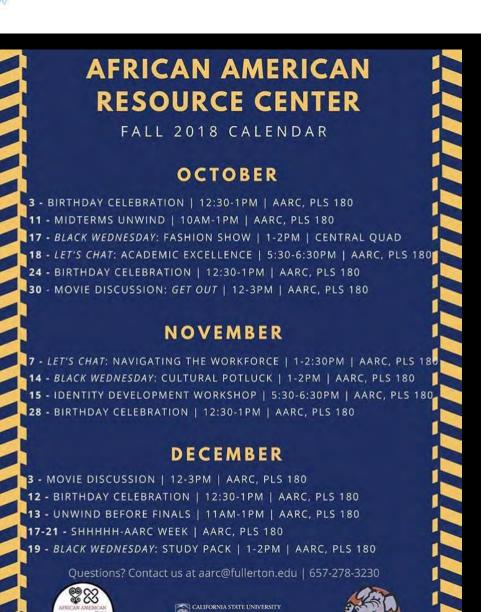
### The Do's and Don'ts studying for finals

Do	Don't
Study NOW! Studying for finals can not be done over night, the sooner you start, the more confident you will feel.	Wait until the last minute to study. We all procrastinate and you can not even say you don't. We literally sit in the common rooms together until 2 am finishing papers and studying for exams.
Study with a group that you know will help you understand concepts and motivate you to get a good grade.	Study with your best friend that will just ramble about things other than school. Also, do not use this as an opportunity to talk to a cute person. You may be on a <i>study</i> date, but are you really studying or just trying to win them over? (Trust I have done this before, I am talking from experience.)
Highlight important information that you think will be on the final.	Highlight everything. What's the point of highlighting if your whole notebook is highlighted yellow?
Put your phone on "do not disturb" or turn it off completely.	Scroll through instagram, refresh twitter, or post a picture of you studying on snapchat. Social media and phones are our generation's most distracting device. Do not fall victim to being on your phone more than you are studying.
Give yourself small breaks so you have a chance to digest information.  Be efficient and use your time wisely.	Study for 12 hours straight because by the 4th or 5th hour do you really know what you are studying? But, do not study for twenty minutes and then take an hour break.
Get some sleep. If you are up at 5am the night before your 8am final, what's the point? You already procrastinated and now you're just gonna be exhausted going into the final.	Get less than 8 hours of sleep before your final. You have heard this time and time again but it is actually proven that you learn during your sleep. If you have ever taken a psychology course, when you sleep your brain takes information from your short term memory into your long term memory. So, if you're not sleeping you are not giving your body this chance to move information around.

All of this is probably information that you have heard before, however it's all true. At the end of the day though, relax and remember that it is just a letter grade and won't mean too much more than some letter later in life. Take a deep breath and good luck to everyone with finals!

If you have any questions, concerns, or suggestions, please feel free to contact either the editor or assistant editor at HSShousing@fullerton.edu

# SAMPUS EVENTS



DIVERSITY INITIATIVES











# CAMPUS EVENTS

### **FALL 2018 WELLNESS WORKSHOPS**

#### Stress

Identify how stress impacts you and increase skills/tools to decrease stress.

DATE	TIME
M 10/8	1 p.m. – 2 p.m
W 10/10	10 a.m. – 11 a.m.
TH 10/11	2 p.m. – 3 p.m.
W 10/17	2 p.m. – 3 p.m.
	(EC 425)
M 11/5	1 p.m. – 2 p.m
W 11/7	10 a.m. – 11 a.m.
TH 11/8	2 p.m. – 3 p.m.
W 11/14	2 p.m. – 3 p.m.
	(EC 425)

#### Mood

Learn how to understand and accept your emotions. Develop skills to increase positive emotional experiences.

DATE	TIME
M 10/15	1 p.m. – 2 p.m
W 10/17	10 a.m. – 11 a.m.
TH 10/18	2 p.m. – 3 p.m.
W 10/24	2 p.m. – 3 p.m.
	(EC 425)
M 11/26	1 p.m. – 2 p.m
W 11/28	10 a.m. – 11 a.m.
TH 11/29	2  p.m. - 3  p.m.

### Thought

Learn how your thoughts impact your mood and behavior. Gain skills to modify negative thoughts and beliefs.

DATE	TIME
W 10/3	2 p.m. – 3 p.m.
	(EC 425)
M 10/22	1 p.m. – 2 p.m
W 10/24	10 a.m. – 11 a.m.
TH 10/25	2 p.m. – 3 p.m.
W 10/31	2 p.m. – 3 p.m.
	(EC 425)
M 12/3	1 p.m. – 2 p.m
W 12/5	10 a.m. – 11 a.m.
TH 12/6	2 p.m. – 3 p.m.

#### Sleep

Learn common myths and patterns of sleep. Learn sleep hygiene skills to help improve your sleep.

DATE	TIME
M 10/1	1 p.m. – 2 p.m.
W 10/3	10 a.m. – 11 a.m.
TH 10/4	2 p.m. – 3 p.m.
W 10/10	2 p.m. – 3 p.m.
	(EC 425)
M 10/29	1 p.m. – 2 p.m
W 10/31	10 a.m. – 11 a.m.
TH 11/1	2 p.m. – 3 p.m.
W 11/7	2 p.m. – 3 p.m.
	(EC 425)
M 12/10	1 p.m. – 2 p.m
W 12/12	10 a.m. – 11 a.m.
TH 12/13	2  n m = 3  n m

Location: SHCC-East, Main Conference Room (unless listed above)

All workshops are Drop-in; no sign-up necessary.

Students needing verification of attendance must arrive within 10 minutes of start time.

Counseling and Psychological Services fullerton.edu/caps | 657-278-3040



### qtpocc

queer and trans people of color collective

QTPOC Aesthetic as Resistance Thursday, September 27 12:00-1:00p - TSU Bradford AB

National Coming Out Day Thursday, October 11 11:00a-2:00p - Central Quad

Thursday, October 25 12:00-1:00p - TSU Bradford AB

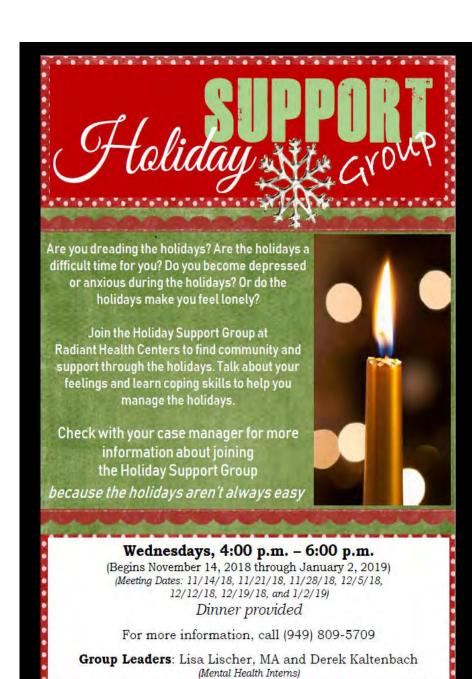
Thursday, November 8 12:00-1:00p - TSU Bradford AB

Thursday, November 29 12:00-1:00p - TSU Gilman

End of Semester QT Potluck with the LGBTQRC & LGBTQ Student Orgs Thursday, December 13 12:00-2:00p - LGBTQRC PLS 180

More info at

instagram: @csufqtpocc email: csufqtpocc@gmail.com







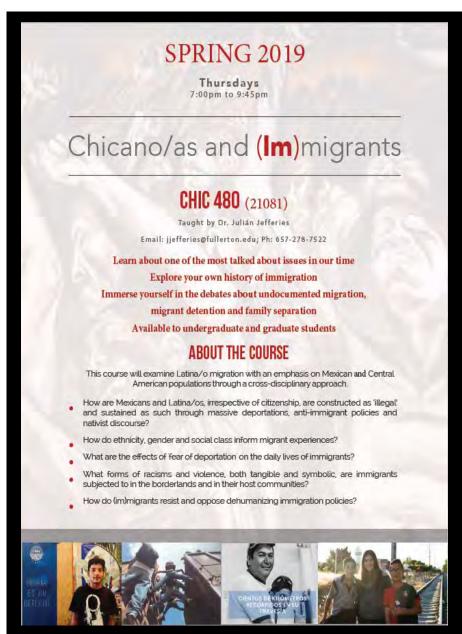






# PUSE









READ 330: UNDOCUMENTED STUDENTS IN EDUCATION

Spring 2019 - Tuesdays 7-9.45pm - First class in CSUF to focus on the undocumented youth experience and activism

- Do service learning in the community to raise awareness

Become an agent of change

Professor: Dr. Julian Jefferies | jjefferies@fullerton.edu Location: EC 24 | Date&Time: Tu 7-9:45pm

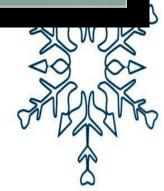












### December Checklist

Pleae remember to complete all of these things throughout the month of December

	Make sure to check what time your finals are using the Finals Week Schedule
	Attend office hours if you have any questions about your classes
	Mark in your calendar! Winter Break is from December 24 - January 22nd.
Kr.	Make sure you vacate your room by 10 p.m. on Friday, December 21. Halls reopen at 10 a.m. on Thursday, January 17.
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W. Sea	
	A Historia
	S. S

If you have any questions about any of these items, please feel fre

Contact, Ruth, at zz-rcalcanas@fullerton.edu