Why Pursue a Minor in GERONTOLOGY?

Gerontology is the study of aging across multiple disciplines

- **THE OLDER ADULT POPULATION IS GROWING!**
  By 2020, there will be over 50 million older adults and the number of persons over 65 is expected to continue to rise (Center for Health Workforce Studies, 2006).

- No matter what your major or career goals, you will likely work for or interact with an older adult.

By selecting from our wide range of minor courses that span multiple disciplines, you will learn about:

- How **diet and exercise** can slow the aging process
- How to **prevent cognitive decline** and increase brain stimulation
- How older adults can effectively **plan for retirement**
- How **technology** can alleviate the physical limitations of aging
- How the **brain’s structure** changes as we age
- How **medications** can help with age related issues such as chronic pain
- How the increasing older adult population impacts the **economy**
- Preventing **financial fraud** and **physical/emotional abuse**
- Understanding **multicultural, gender, and LGBTQ** issues in aging
- How **homes can be modified** to allow older adults to continue living in place
Having coursework in the field of aging is a great way to make you more marketable to the rapidly increasing older adult population

• For example, **Marketing** majors will have increased opportunities for successful careers if they can use their business skills and strategies to market to older adults and the rising “silver industries.”

• Those majoring in **Child and Adolescent Studies** will interact with older adults given that more and more children are being reared by their grandparents; developing programs for these families will be key.

• If you major in **Kinesiology**, you can expand your future clientele by learning about physical issues unique to the older adult population.

• If you are a **Psychology** major, you can cater your expertise to psychological issues facing a world population that is getting increasingly older.

• Those pursuing degrees in **Finance, Business, or Accounting** can help older adults plan for retirement, prevent financial abuse and scams, and continue to invest in their future.

Please contact the Gerontology Department for more information:
Humanities Building, Suite 424 (H-424)  
657-278-7057  
gerontology@fullerton.edu