Aging Studies Program CSU Fullerton AgingStudies@Fullerton.edu (657) 278-7057





End of fall semester 2022 Newsletter

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SPO ANNOUNCEMENTS

Some positions on the SPO board will be opening up next semester, including

- Treasurer
- Secretary
- Social Media Officer

Next semester will include more activities like

- Visiting a senior facility
- Volunteer opportunities
- Workshops with seniors
- and possibly a mini Geropalooza event, but help is needed to organize this!

If you are interested, please reach out to SPO President, Kristen Moreno, kristen_moreno@csu.fullerton.edu

Register now for AGNG 420: Aging & Dementia!

Students will spend 40 hours across 5 weeks (8 hours per week) at **Alzheimer's Family Services Center** in Huntington Beach.

Student will need to:

- Complete Live Scan background check,
- Take TB test,
- Be vaccinated against COVID-19, and



• Wear a mask while on site.

(Costs covered by the Aging Studies department.)

"Today, **5.3 million** Americans are living with Alzheimer's disease -- it is the **6th** leading cause of death in the United States." -Alzheimer's Association, "What Is Alzheimer's?" www.alz.org

Stay Tuned! Prepare to register for AGNG 505: **Aging Social Services and Ethics**

This course will review minority and economic barriers to using social services, as well as explore strategies that include ethical considerations for change.

Do these programs and policies reflect ethical treatment for all older adults?

- Nationwide, nearly **3 million grandparents** are primary caregivers.
- "Intergenerational programs can provide a multiplier effect in which both children, especially those from low-income families and communities, and older adults benefit, and transformative, measurable results can be created for society as a whole" (Forbes).

This course has been approved by the college staff, however, the online class search is lagging behind in posting on the class search website. We expect that this class will be available to register online any day, but we are not sure when. Please contact the Aging Studies office (H-424) for more information, agingstudies@fullerton.edu.

Aging SCIENCE Minor Coming Soon!

Dr. Barbara Cherry says, "A catcher is to baseball, as aging research is to PhD programs; it's the quickest way to the big leagues!"

This program will provide students the opportunity to explore aging with a STEM (Science, Technology, Engineering, and Mathematics) perspective. This program will have a more scientific approach to aging and lifespan research, setting students up for medical, technological, and other STEM-related settings.

This program is funded by a \$1.6 million dollar grant over a span of 5 years, the possibilities are endless! Please contact the program coordinator, Dr. Laura Zettel-Watson, lzettel-watson@fullerton.edu







APA 2023 Convention Washington, D. C. August 3-5

- Skill-Building Sessions (50 minutes)
 - practical experience to help increase understanding and skills in a particular area of interest in psychology
 - e.g.: various methodologies, interviews, therapeutic or assessment techniques, statistical or scientific approaches
- Data Blitz (50 minutes)
 - up to six fast-paced brief reports on hot topics,
 - individuals present for five minutes each on various research areas and provide an interactive experience for the audience.
- Symposia 2.0 (50-110 minutes)
 - focused sessions in which multiple speakers present their views about a significant common theme, issue, or question.
 - may or may not be adversarial and may or may not be supported by a brief mention of relevant data.
 - should include:
 - i. an introduction to the topic by an expert,
 - ii.someone who can set context and offer background
 - Speakers then present their viewpoints, followed by an exchange of ideas between the audience and speakers.

• Critical Conversations (50 minutes)

• informed conversations between presenters and audience members.

• Posters

- extended discussions regarding the author's presentation.
- both in-person and virtual posters. Submitters will indicate their preference in their proposal summary upon submission.

The deadline to submit proposals to the division is **Tuesday, January 10, 2023, 5 p.m. Eastern convention.apa.org/proposals**

Registration will open in April.

Join SPO today!

Purchase student membership (\$30) at: sigmaphiomega.org/become-a-member-2/

Then email <u>AgingStudies@Fullerton.edu</u> to be added to the membership list!

Also, join on TitanLink! <u>fullerton.campuslabs.com/</u> <u>engage/organization/sigma</u> <u>phiomega</u>



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Aging Studies Program at CSUF Welcome to Aging Studies! Catch latest information as well as highlights from life as a student in the Aging Studies program at CSU, Fullerton.

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Students at CSUF and beyond are experiencing mental health challenges in record numbers. Please familiarize yourself with campus resources in case you find yourself struggling in any way. More information can be found at: <u>fullerton.edu/caps</u>

- You@Fullerton is a virtual wellness platform designed to help students threefold: 1) to succeed, 2) to thrive, and 3) to matter. Through articles, videos, and CSUF resources, students will enhance their personal health, physical wellness and mental health. Explore more at: you.fullerton.edu/
- CSUF Counseling & Psychological Services is hosting drop-in-hours and wellness workshops throughout the semester. Follow on Instagram <u>@CSUFCAPS</u> and <u>@YOU.AT.FULLERTON</u> for the most updated information about when these are.

Questions? Comments?

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